



ST STEPHEN'S COLLEGE

Parent-Teacher Association

聖士提反書院家長教師會



Newsletter Issue 71 June 2024

會訊 第71期 二零三四年六月

Message from the Principal

Dear parents, students, alumni and friends,

Ever since I joined the St Stephen's family last September, I have been awestruck by the resourcefulness of the senior management team, the dedication of the teaching staff, the togetherness of the school community and the positivity of every student whom I have had the privilege to meet. These are people who *Shine* and *Soar*. They are the College Song personified: *Our hearts are young, our ideals high...We are prepared to work and play.*

What makes a uniquely SSC experience, a uniquely SSC graduate? I will not attempt to offer a definitive answer, but I do have some thoughts of my own. Through my numerous encounters with our student leaders – hailing from the College Prefects, College Ambassadors, Heritage Society, Music Society and so on – I have found in them a genuine fondness for St Stephen's, an admirable fervour for what they do and a burning desire to make a difference. They care deeply about their studies, but are acutely aware that a good education is far more than a few As on the report card. They are devoted to developing their interests, while being open-minded to and appreciative of their peers'. These qualities are the outcomes of the College's ethos.

My happy challenge is to keep our ethos alive in these ever-changing times. I know I can only count on your support to take on such a challenge. As Principal, I hope to engage the entire SSC community in an interactive vision-building process, where we co-create our very own *SSC Graduate Profile* – principles that will shape our formal and informal curriculum, empower our boys and girls and reinforce what makes SSC SSC. This will, I am sure, be a labour of love. *'We love, because He first loved us.'* (1 John 4:19)

Wishing you all a rejuvenating summer holiday. 2024-25 will be another great year for St Stephen's College.

Yours faithfully,
Mrs Julie Ma
Principal



2024南京香港友好姊妹學校交流團

南京師範大學附屬中學實驗初級中學是南京市享負盛名的初中學校，是南京教育部的重點學校，尤其在科創教育方面更具前瞻性。本校於2023年與該校結成友好姊妹學校，他們曾於去年7月來到赤柱遊覽我校文物徑，聆聽導賞團同學講解我校歷史和文化特色。今年4月，校長、三位老師和二十位學生領袖前往南京探訪姊妹學校師生，以促進兩校情誼。

國民教育重於融入文化，重於連結生活，重於確立民族認同，我們希望帶領學生走出課室，走進國家，了解內地朋友們的生活，成為真真正正的朋友，同時拓闊師生的眼界。是次參與探訪活動的學生領袖都是我校的精英，分別來自學長 (College Prefects)、學生會 (Students' Association)、文物學會 (Heritage Society)、德育大使 (Moral Ambassadors)、管弦樂團 (College Orchestra)、《子衿》學生報 (Students' Magazine *Eruditio*)、科技研究團隊 (Innovation and Technology Team) 及攝影學會 (Photography Club)，希望這群優秀的領袖能全面地把姊妹學校的優秀特色帶回學校，與同學們分享。

南京師範大學附屬中學實驗初級中學龔國祥校長及李汪副校長熱情招待我們一行，安排了具備了廣度及深度的行程。在一整天的活動中，我們體驗了語文、傳統體育、化學、美食烹飪及勞動教育的課堂，同時，兩所學校領導層進行了工作交流，討論內容包括辦學理念、資優教育、國民教育、語文基礎教育和品德價值觀教育。最後，兩所學校的學生共同舉辦了才藝表演交流，盡展才華。

旅程中，我們也參觀了「侵華日軍南京大屠殺遇難同胞紀念館」。這裡紀錄了二戰時期日軍入侵南京的過程以及犯下的暴行，有著重要的教育價值，旨在讓我校師生銘記歷史並培養對和平共融的信念。

是次交流團中，老師和同學們樂在其中，與南京師生結成好友，而兩所學校領導層能藉此機會透過分享來成就更優秀的教育。此外，同學能拓闊眼界，更了解國情和我國歷史，從而培養國民身份認同，實在是一件非常有意義的事。



兩地師生參與語文課，
交流學習心得



才藝交流會



兩校管理層進行「學校
管理工作交流會」



馬校長帶領我校師生前往南京



兩位校長互送紀念品，
締結姊妹學校情誼



我校師生於閱江樓合照



兩校同學共進午餐，暢談
兩地生活，締結友誼



本校同學參與無人機編程課堂



同學體驗姊妹學校勞動教育



兩校同學交換禮物，
以表友誼

追溯革命之路

晚清中國，風起雲湧，老舊的帝制早已擋不住時代的巨輪而日漸瓦解，時代的英雄都在為中國的前途籌劃如何走上民主共和之路。這段歷史何去何從？應該如何正確認識近代中國的發展脈絡？

2023-2024學年的中三同學在中史科老師的安排下，前赴東莞、廣州進行實地考察，追尋近代中國如何走出辛亥革命的歷史關口。2023年12月18至19日，中三同學利用兩天時間考察東莞虎門林則徐紀念館，從鴉片戰爭歷史中思考中國如何踏出革命之路；同學在廣州踏足沙面，在昔日洋商遺留的歷史建築中梳理中外商貿的挑戰和回應；考察黃花崗七十二烈士陵園，體驗碧血黃花的革命犧牲精神；探訪孫中山紀念堂，追思革命英烈的志氣和成就；最後，參觀辛亥革命紀念館，細數西方的船堅炮利敲開近代史的大門，志士仁人奔走於救國護國之途，而民族的命運亦由此跌宕起伏至今……



全團師生在虎門林則徐紀念館留影



在孫中山紀念堂內看見近代史上第一個革命組織「興中會」的章程



在沙面的歷史建築群中，發現昔日台灣銀行廣州分行的遺址



在辛亥革命紀念館前，全體師生留影



在孫中山紀念堂前師生留影，背後是國父孫中山的天下為公像

Exchange Programme with St Paul's Co-educational College

A warm welcome to our dear friends from St Paul's Co-educational College! We were thrilled to embark on this local exchange programme, which fostered cultural exchange, friendship and personal growth. Participating students had an incredible experience as they connected, learnt and created lasting memories together.



深港心相通 共築家國夢——深圳香港友好姊妹學校

本校於本學年與中國科學院深圳理工大學附屬實驗高級中學結成姊妹學校，並於4月8日由校長帶領多位老師探訪該校。是次姊妹學校活動進一步深化深港兩地教育合作，加強兩校的溝通交流，共享教育智慧。

中國科學院深圳理工大學附屬實驗高級中學宋如郊校長及老師們為我們安排豐富又精彩的行程，兩所學校領導層進行工作交流會議，講解兩校辦學理念和特色，還有老師們分享兩校科研課程發展。從校園處處細心佈置中可見姊妹學校重視學生在德、智、體、群、美的全人發展，不但著重學生建構知識，亦重視他們的心靈健康，實為學校中的典範。當天兩校老師在交流中熱切討論，分享彼此的教育生活，實在是非常寶貴的經驗。

盼望兩校於未來可以多作交流，尤其在科研發展、學科課程設計、資訊科技運用等方面共同研習教育成果，共享教學資源。這些寶貴的交流活動不但能促進深港兩地情誼，厚植學生家國情懷，更能讓教師作專業發展，兩校攜手前瞻教育創新之路，為兩地、為國家培育更多優秀人才。



兩校校長互贈紀念品，締結友誼



兩校學校領導層進行工作交流會議



兩校科學老師分享校本創科課程特色及理念



馬校長及本校老師與姊妹學校宋校長及老師們合照



宋校長向馬校長講解學校創科活動特色

Heritage Trail Open Day: Fifteen Rewarding Years

To mark the Heritage Society's 15th anniversary, a Heritage Trail Open Day was held on 24th February, 2024. It was a collective effort involving a team of hardworking student committee members, who made most of the arrangements under the guidance of wonderful teachers-in-charge.



Our docents leading heritage tours

We were honoured to have Professor Kwong Chi Man and Ir Dr Lai Wai Lok give a talk in the morning. Professor Kwong and Ir Dr Lai spoke on how modern technologies can be utilised to recreate the history of the Battle of Hong Kong, citing our College as an example. Not only did the experts introduce the audience to new methods of research, which included 3D technology and an interactive ArcGIS map, but they also shared the latest findings of their project. These included the fact that the defending forces launched multiple counter-offensives against advancing Japanese troops from Stanley and, courtesy to one of our committee members, that the Japanese mistook our campus for a British army barracks during the battle.

Meanwhile, the afternoon session included game and souvenir stalls, and three tours open to the public which covered the entire Heritage Trail, including the Cemetery. It is always great to take guests and friends on a journey back in time on our beautiful campus, given the inextricable links between the histories of St Stephen's College and Hong Kong. On behalf of the Heritage Society, I would like to thank the College and the public for their constant and unwavering support for our work to preserve and promote our heritage.

5L Iu Yuk Cho Bryan
Chairman of Heritage Society



Our docents leading heritage tours



Visitors purchased souvenirs designed by students to support the operation and development of our Heritage Trail



Our dream team

SSC Old Boys Turned SSCPS Principals

In this issue, the College would like to honour two old boys who have dedicated decades of their lives to the growth of the Preparatory School and generations of its students.

Mr Gordon Wong (王勝桐先生) Class of 1976 (HKCEE)

Mr Wong, Acting Principal of the Preparatory School, is retiring on 31st August, 2024. After graduating from the College in 1976 and the Northcote College of Education, Mr Wong joined the Preparatory School as a teacher in 1980. He was appointed Assistant Master in 1986, Deputy Principal in 2001 and Acting Principal in 2023. Over his 44 years of service, he has served in many key positions, most notably Head of Chinese, Discipline Master and Member of the CDC Committee on Chinese Language Education.

Thank you, Mr Wong, for your impressive contributions to the Preparatory School. The St Stephen's family will forever be indebted to you.



Mr Kelvin Lo (盧家其先生) Class of 1998 (HKCEE), Class of 2000 (HKALE)

Mr Lo, Deputy Principal of the Preparatory School, has been appointed Principal with effect from 1st September, 2024. Mr Lo, who studied at the College from 1993 to 2000, became a Music Teacher at the Preparatory School in 2002. He was appointed Assistant Master in 2012, Senior Assistant Master in 2016 and Deputy Principal in 2019. He is a renowned choral conductor who has won numerous accolades leading the Hong Kong Treble Choir as well as the Preparatory School's choirs.

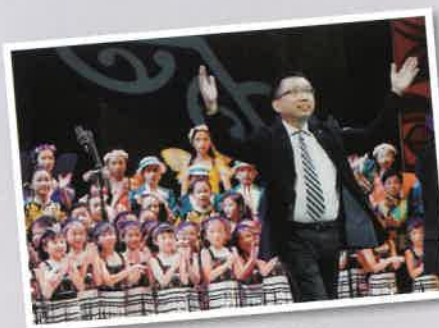
We congratulate Mr Lo on his appointment and wish him every success in taking the School to new heights.



Mr Lo's son, who is also an SSCPSer



Mr Lo in S6



Concert 2023



Bratislava International Youth Music Festival with SSCPS Choir

鄭淑儀老師

謝謝你，聖記！

臨別依依，回首往昔，腦海浮現的是幕幕「感恩」與「難忘」的畫面。

青蔥的歲月

感恩SSC是我的母校，師長的言傳身教一生受用。
難忘的是放學後穿著「橙咁咁」的Barnett戰衣和社友在叢林、春坎角的斜坡上氣喘如牛地跑著，演練著「聖記」盛事——Cross Country。

相遇的祝福

感恩與學生時代的葉敬平校長重遇於SSC。
難忘的是親切可敬的葉校長讓我以老師的身分重投「聖記」大家庭。
感恩與同儕相遇相知。
難忘的是彼此砥礪同行。

生命的歷練

感恩機靈精敏的學生豐富了我的生命。
難忘的是有份見證他們的成長與成就。
感恩——在匆匆的數十寒暑，天父讓我在「聖記」經歷朝暉夕陰、花開花落、緣聚緣散，此刻讓快將放飛於另一片天空的我輕輕地跟「聖記」大家庭說聲再見。



1993年90周年校慶畢業典禮



與1999-2000年會考班同學攝於120周年校慶晚宴



與共事多年的同事攝於120周年校慶崇拜



馬李敏慧校長、附屬小學盧家其候任校長（1994-95年中二級學生）



譚梓恆老師（2008-10年中一、二級學生）、侯美雲老師



精靈聰敏的中二G5同學（2023-24）

侯美雲老師

侯美雲老師1993年加入聖士提反書院，主要任教中文、中史，至今已歷三十一載寒暑。暑假過後，侯老師便會退下火線，享受優哉游哉的生活。我心裡當然是替她高興，但難免也有點不捨。執筆之時，很多難忘的片段直上心頭。

中三時，侯老師教我中國歷史，起初著實有「聞風喪膽」之感。聽說她對紀律的要求很高，不聽話定會吃苦頭，故有「侯老大」之稱。上她的課，全班同學都會精神抖擻、正襟危坐，誰人都不敢造次。中三科目眾多，中史一星期只有兩節，但我們每星期都要寫學習周記，反思課上所學。我以為侯老師只是兼教中史，不會「詳改」，豈料她竟不時指出我對史事的誤解，寫下密密麻麻的評語。當年我暗自嘀咕：周記的分數如此不濟，定必與科目獎失之交臂了。

後來當了老師，我才感受到侯老師的用心。要每星期批改幾班的功課，還要認真給予意見，真的不容易！

十多年後，我已是侯老師的同事，更因住在附近而有機會坐她的順風車上班，每天聊個不停。記得有一年她是中五班主任（我是該班的英文老師），某天我們在車上談到來年的教擔，我說因為人事調動，未必可以跟隨他們升上中六。沒想到侯老師不太同意：「行政上是可行的，但這樣對學生備試的影響很大，我有些保留。」之後我考慮了幾天，也覺所言甚是，打消了原來的念頭。由此可見，侯老師一言一行皆以學生福祉為依歸，教學熱誠從未磨滅。

隨風潛入夜，潤物細無聲。侯老師不僅是我的好同事、好朋友，也是我在教學路上的好榜樣。在此，謹祝她退休生活事事如意！

譚梓恆老師



Mrs Shum Shu Ching Yee, Gloria

It was difficult receiving the news of Ms Shu's departure from SSC, as she is undoubtedly an irreplaceable part of our school. Though she will be dearly missed, Ms Shu's decision to embark on a new chapter should be a cause for celebration of all that she has achieved during her time here. She has contributed to this school immensely, whether it be with her creative or disciplinary efforts. Her optimism has taught us how to find joy in every situation and her selflessness has inspired us to follow in her footsteps, to devote ourselves to our community. To me, she has not only been an insightful teacher, but also an invaluable mentor who has shown me repeatedly by example what service truly is. I was among the first batch of prefects under Ms Shu's leadership, and the set of principles she taught us, albeit strict, always revolved around compassion. She helped us realise that while rules are important, they always coexist with subjective judgment, hence the need for us to be mindful and compassionate in how we utilise them to serve the community. Apart from always being there to drive us towards good, she has also always been kind and down-to-earth, so much so that we as students have always been able to confide in and seek advice from her. Even in the most difficult situations, she has never failed to provide us with the words we most needed to hear, the words needed to push us forward. Thank you, Ms Shu, for teaching us the importance of giving back, for offering guidance when needed and for always being there in support. To serve is to show compassion: that is what you have always taught us. We will try to realise that to the best of our abilities and hopefully inspire others, as you have inspired us.

6Y Wong Abbie



余之期老師

歲月如流，歲月亦如歌。

25年前，我帶著依戀之情走出校門追逐夢想。如今，我再次懷著深切的不捨告別這熟悉的校園。

轉眼間在母校服務了17年，我要感謝每一位曾與我共事過的同事，讓我得以不斷學習和茁壯成長。我也要感謝每一位在音樂路上與我並肩奮鬥的同學和同僚，是你們的努力和向上，成就了我們今天的輝煌。

更要感謝每一位慷慨支持學校音樂發展的家長，正是您們的信任和支持，才使得我們的音樂團隊日益壯大，在校園、學界以及海外譜寫動人樂章。

人生如歌，歲月如流。就讓我們在最好的時刻話別，並承諾在某年、某天、某地再見。



Ms Milne, Amelia Sharon, Molly

We were first introduced to Ms Molly on our first day of school in S4, feeling nervous and unsure of our painting and drawing skills as we entered the IB VA Room. However, Ms Molly took a rather different approach to our first lesson. Instead of diving straight into housekeeping, we started off our class doing blind drawings of one another, where we were not allowed to look at our paper. To our surprise, Ms Molly joined us and drew each of us in turn. This was our first impression of Ms Molly, who seemed so down-to-earth and always used creative tools to inspire us in artmaking.

Throughout our art lessons, Ms Molly was more than just a teacher; she was like a companion. Whether we were assigned to paint art pieces in art history or create abstract sculptures with paper, Ms Molly would always participate alongside us. When she wanted to visit an art exhibition, she would invite us to join her. Ms Molly's big heart and desire to include everyone really made us feel at home and cared for. Together, we sometimes joined fun online classes by the Callede London Drawing Group, did playful sketches and painted together on the SR rooftop!

Ms Molly never stopped helping us to become more confident artists and creative thinkers. It was during our trip to the Aberdeen Market and our investigation of Michael Wolf that both of us were inspired to create with a human-oriented approach while being observant of the small communities in Hong Kong.

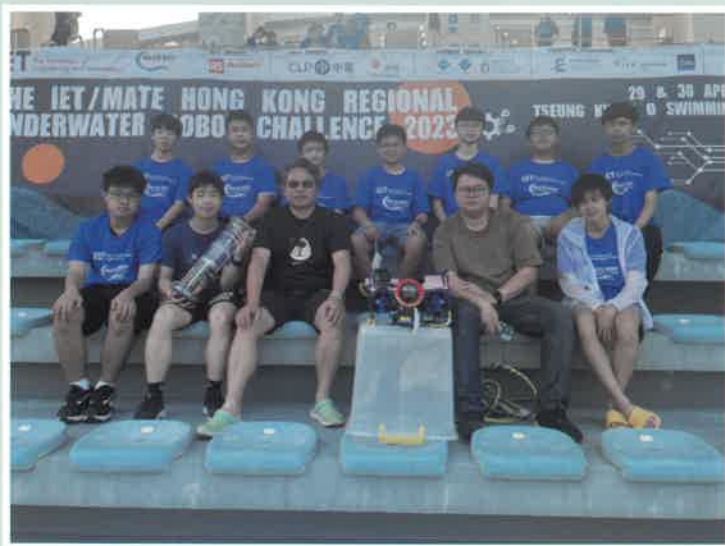
Although we are moving into different communities and art institutes next year, the joy of creating art together will never be forgotten. Ms Molly, thank you for being there when we felt lost. You always understood our intentions and gave valuable advice both conceptually and artistically. It has been an absolute blessing and pleasure to be your students. We are sure your passion and loving personality will bring you success wherever you go. Wishing all the best to you and your family as you go back to New Zealand. Much love and hope to see you again.

6L Ying Anna, 6Y Wong Ying Yan



Mr Chan Shi Kit

Thank you all for your support over the years!



Ms Tao Yijing, Valentina

It was a beautiful 2 years here in Stanley. Thank you, St Stephen's College, for the lovely memories!



Ms Ko Nok Sum, Bernice

My two short but lovely years at St Stephen's taught me that being a teacher is everything I've imagined and more. I'm deeply humbled by the guidance given by my passionate and knowledgeable colleagues, and am beyond grateful for the kind and understanding Senior Management Team that has selflessly supported me during my time here.

My beloved students, thank you for keeping me updated with the latest slangs, for trusting me with your troubles, and for your laughter that lights up my days. Please remember you are always enough, and I'm still rooting for you. Till we meet again :)



Mr Vong, Ken

A Heart of Gold, a Soul of Fun

He, our beloved teacher, one of a kind
With a heart of gold and a soul of fun
He treats us as friends, never as minds
His classes, a joy to behold
Where learning meets laughter, and dreams unfold
He makes us smile, he makes us see
The beauty of life, in simplicity
With a twinkle in his eye and a grin so wide
He guides us through the day, with a gentle stride
His patience and kindness, a beacon of light
In a world of chaos, a shining sight
He knows our names, he knows our fears
He knows our hopes, our dreams, our tears
He listens and understands, with a gentle touch
He helps us grow, with a loving clutch
He teaches us to believe in ourselves
To chase our dreams, to take the wealth
Of knowledge and wisdom, he imparts
With a generous heart, and a gentle start
So here's to you, dear teacher of ours
A mentor, a guide, a friend, a star
We'll always remember your kindness and grace
And the joy you brought to our pullout classes, with a smile on our face.



1C Lau Yui Jovan

Career Guidance and Life-planning Committee

Visit to Hong Kong Children's Hospital

In December 2023, our S6 boys and girls aspiring to pursue the study of Medicine and Surgery were invited to join a tour and hands-on experience in the Hong Kong Children's Hospital, where they worked with machinery and engaged in conversations with on-site professionals. It was certainly a fruitful time for our students to get a taste of what is to come!



Sir Edward Youde Memorial Scholarship for Senior Secondary School Students

We are delighted to share the exciting news that two of our exceptional students, 6L Chow Teresa Hiu Nam and 6Y Wong Abbie, have been honoured with the prestigious Sir Edward Youde Memorial Scholarship for Senior Secondary School Students!

This highly esteemed scholarship is awarded to individuals who have demonstrated outstanding achievements in their studies, leadership and community service. It serves as a testament to Teresa and Abbie's remarkable dedication, hard work and passion for learning. We are confident that they will continue to thrive in their academic and personal endeavours. Congratulations once again!



S6 Graduation Ceremony

In the hours leading up to the S6 Graduation Ceremony, there were continuous downpour and gusts of whirling wind. However, the sky turned clear in mere moments before the ceremony began. For this we must thank God.

At the ceremony, graduates were inspired by the words of wisdom from our dear Principal, Mrs Julie Ma, and distinguished guests including Mr Johnson Kong, President of the Alumni Association and parent representatives Ms Yuki Lam and Ms Edna Yuen.

Many graduates could not help but laugh and cry at the same time whilst listening to the vote of thanks from 6D Cheung Ming Ho and 6L Ying Anna. They reminisced about how they overcame challenges together as a cohort, the highs and lows they had been through and of course the very many fun moments they had shared. To witness such strong camaraderie and friendship amongst our graduates was heartwarming to say the least.

The College Choir delivered an angelic performance of a song called 'Trusting the Rainbow', which conveyed the message of hope and serenity to our graduates: trust that after every storm, there is always a rainbow.

As Mr Johnson Kong said, our graduates, despite leaving SSC physically, will gain a new identity as alumni and forever be part of the SSC family. The doors of the Alumni Association will be open to them any time, giving them support no matter where they are in the world.

Even though the future seems uncertain and the roads ahead too hard, graduates should remember what Mrs Ma said in her encouraging speech: St Stephen's College, unlike many other schools, is unique in its own way. The expansive campus, the rich variety of ECAs, the dedicated teaching and non-teaching staff, all helped shape the graduates. The unique SSC values and skills that they possess will serve as a guide through times of difficulty and give them resilience.

Class of 2024, the world is your oyster. Dream big and make SSC proud!



6C



6D



6H



6J



6L



6Y

International Mathematical Modelling Challenge 2024

Team A

5C Yau Ka Chun, 5D Kwok Chun Yin, 5D Ting Chun Hei, 5D Tsang Yu Hin

In this competition, our team had to dive deep into researching the underlying mathematical concepts and techniques required to tackle the two assigned problems. The first problem focused on the distribution of resources, which necessitated a thorough understanding of statistics and different formulae for equitable allocation. Through our research, we explored various mathematical models and approaches, eventually settling on a formula that would ensure a fair distribution of the resources. To implement this, we utilised Excel to calculate the appropriate share for each person, leveraging its powerful data manipulation capabilities.

The second problem revolved around developing a scoring system for potential pet owners. This required us to carefully consider multiple factors that should be taken into account, such as the owners' experience, living situation and ability to provide for the pet's needs. We implemented a multifaceted scoring system that incorporated both linear and exponential elements to capture the nuances of pet ownership suitability.

This competition was a valuable learning experience, allowing us to apply our mathematical knowledge in practical, real-world scenarios. We gained a deeper appreciation for the versatility of statistics and data analysis, as well as the importance of designing robust scoring systems that consider various weighted criteria.

Through this process, I have learned how to effectively translate textbook concepts into tangible solutions. The ability to identify the appropriate mathematical tools, develop algorithms and then implement them using technology has been a significant takeaway. This experience has helped me recognise the vast applicability of mathematics in everyday life, beyond the confines of the classroom.



Team B

5L Gittings Mark Daniel, 5Y Cheng Yuk Sum, 5Y Lee Tin Yau Anson, 5Y Partier Adrien Philippe

For decades, the scourge of pollution in its many forms has plagued the natural landscapes of our Earth, which we humans are tasked with preserving. In our blind pursuit of technological advancements, these alarming rates of pollution have only persisted. To gauge the severity of this global issue, our team embarked on a 12-page research paper that utilised various mathematical modelling methods to predict the troubling trend of global carbon emission rates over time.

This 6-month-long project was daunting and exhausting for our team. As IB students, each of us already had our academic responsibilities to prioritise, yet we remained steadfastly committed to investing adequate time and effort into researching this critical topic. Equipped with the skills we had honed in Higher Level Mathematics, we were deeply dismayed to discover that carbon emission rates would only continue to exponentially increase without proper government regulation and intervention.

Beyond the invaluable mathematical knowledge we gained from this experience, the opportunity to submit a collaborative research paper was equally profound. The teamwork and camaraderie we developed throughout this research process have left an indelible mark on our collaborative skills, which will undoubtedly serve us well in our future academic and professional pursuits.



MATE ROV Competition 2024

In May 2024, our students embarked on an incredible engineering journey as they built underwater robots to compete in the prestigious MATE ROV Ranger Class competition. This remarkable endeavour began at the start of the academic year when 25 dedicated students came together weekly to prepare for this challenging event, showcasing their engineering prowess.

The MATE ROV competition simulated real-world underwater missions focused on ocean conservation and the installation of facilities below the surface. Our students were tasked with designing and constructing robots capable of completing these complex underwater tasks. They faced the formidable challenges of working in an adverse environment, requiring a diverse set of skills in mechanics, electronics, handcrafting and piloting. Throughout the project, students had the opportunity to apply their knowledge and skills in 3D modelling, 3D printing and laser cutting to help design and build their innovative robots. This competition truly pushed our students to learn independently and efficiently, as they worked tirelessly to meet the various milestones along the way.

We proudly sent two teams to participate in the competition. These talented individuals had to collaborate and embrace their differences to achieve success. Team dynamics played a crucial role in the project's ultimate outcome, and we are delighted to report that both teams successfully built working robots and completed the challenging tasks during the competition.

This experience was nothing short of life-changing for our students. It provided them with invaluable opportunities to apply their knowledge, problem-solving abilities, and teamwork skills in a real-world, high-stakes setting. The MATE ROV competition has not only ignited their passion for engineering but has also inspired them to pursue STEM-related careers in the future.



Easter Service

On 27th March, 2024, in the bright and beautiful morning, we held our annual Easter Service at St John's Cathedral in Central. We began the procession, with our Head Boy, Samuel Mok and Head Girl, Ashere Cheung carrying the College banner, followed by the Principal, Deputy Principals, Assistant Principals, The Reverend Amos Poon and The Reverend Will Newman. The gospel of Mark was read aloud in the sanctuary filling our hearts with grace and mercy. The Reverend Amos Poon delivered a powerful sermon on the death and resurrection of Christ. Our College Choir and Orchestra also led the school in worship in the melodic hymns. Ending with the College Song, this meaningful event united many members who are one body in Christ.



The Reverend Will Newman,
College Chaplain



Mrs Julie Ma, Principal



Mr YH Lam, Deputy Principal



Ms Winnie Wong, Deputy Principal



The Reverend Amos Poon,
Chaplain of St John's Cathedral



5L Mok Samuel Kwan Chung, Head
Boy and 5Y Cheung Ashere, Head Girl



5C Tu Kabowd, Chairman
of Christian Fellowship

「聖記長者學苑」正式成立

為推動長者終身學習，以發揮「積極樂頤年」的精神及活出豐盛人生，學校早前夥拍明愛賽馬會赤柱青少年綜合服務及家教會申辦安老事務委員會及勞工及福利局開展的長者學苑計劃，並於近月獲發成功申請通知，正式成立「聖記長者學苑」。在此計劃下，學校會利用現有資源及設施，為居於附近的長者提供課程，使他們可以在學校的環境進修，並安排本校中五學生作義務導師，促進長幼共融。



第二組



Scientific Investigation Project 2024 – Science for Service

The annual Scientific Investigation Project (SIP) is a captivating showcase that brings together the Physics, Chemistry and Biology Departments of our school. This year, in collaboration with the Service Learning Committee, the SIP offered our students a unique opportunity to expand their scientific knowledge by addressing challenges faced by individuals with disabilities.

The project began with an inspiring drama performance by Artscompana, a group that includes members with various disabilities. Through their powerful storytelling, our S3 students were given a deeply personal glimpse into the daily lives and struggles of the disabled. Following the performance, each class had the chance to engage in fruitful face-to-face discussions with the Artscompana team, gaining invaluable insights into the specific problems they encounter in their daily life.



A meaningful sharing session on the daily lives of people with disabilities



Students interacting actively with the performers



An inspiring drama performance by Artscompana



Students attentively listening to the challenges faced by the disabled community

Inspired by these firsthand experiences, our students were divided into groups to either conduct investigative studies or design solutions aimed at making the lives of people with disabilities easier. Starting with extensive research on current products available on the market, they carefully studied the limitations of these existing solutions and explored ways to improve upon them by applying their scientific knowledge to modify the mechanisms and combine the functions of various items. After months of dedicated hard work, students gave presentations to the Artscompana members. Some groups were even able to generate working prototypes of their innovative designs, which demonstrated the remarkable progress they had made.

Overall, this collaborative project was a great success, providing our students with a unique opportunity to gain a deeper understanding of the needs of marginalised groups in our society. Through this experience, they not only developed empathy and a commitment to helping others but also learnt how to apply their scientific knowledge and skills to make a tangible and positive impact on the lives of people with disabilities. We are all looking forward to the continued improvement and refinement of these designs, with the hope that some of the students' inventions may eventually be developed into real products that can truly make a difference in the lives of those in need.



Demonstrating the functionality of their inventions



Energetic presentations of investigative findings and innovative product designs



A fruitful and enjoyable learning journey



Celebrating the accomplishments with proud and joyful faces

Moral Ambassadors Promoting Values Education

This year, Moral Ambassadors have organised various activities to promote values education in SSC, including Honesty Checkpoints, World Vision Simulation Games, Sharing is Blessing Fund Raising Campaign, visiting the needy and National Economic Development Quiz. These initiatives not only embodied the theme "Embrace Honesty. Embody Integrity." but also fostered values such as empathy, responsibility, unity and national identity. They were valuable experiences for both the ambassadors and participating students.



Honesty Checkpoints



National Economic Development Quiz



World Vision Simulation Game



Sharing is Blessing Fund Raising



Honesty Checkpoints



Visiting the needy in the Southern District



Moral Ambassadors were invited to share their learning from the visit

Heritage Society Committee Camp: Passing the Baton

The objective of the committee camp was to foster camaraderie among committee members and create a memorable experience for all of us. It was a resounding success thanks to everyone's enthusiasm and dedication throughout. Judging from participants' brilliant ideas for their new DIY projects, it is evident that they grew in knowledge, leadership, as well as communication and problem-solving skills.



A sharing on data processing



Checking historical information in teams

'A star wants to see himself/herself rise to the top. A leader wants to see those around him/her become stars. We rise together.' (Simon Sinek) As chairman, I am proud to be leading this dedicated and capable team. Let us remember the spirit of collaboration that defined this incredible experience and look forward to the next: our Docent Camp in July!

5L Cheng Yu Fung Arthur
Chairman of Heritage Society

資深教師與年青教師交流——開放課堂計劃

為了讓新加入本校的年青老師提高教學效能，本校教師發展組籌辦了「開放課堂計劃」，讓年青老師有機會觀摩資深老師的課堂，並進行課後研討會，交流教學心得。



年青老師觀摩資深老師課堂

課後研討會



四位資深同工——楊浩霖老師、譚梓恆老師、賴瑋斐老師及黃巧瑜老師開放課堂

教師專業發展日

4月8日

現今科技發展日新月異，運用人工智能及大數據的技巧成為改變世界的新趨勢。為了裝備教師運用資訊科技的能力以提升教學效能，本校邀請了數據思維學院院長吳瀚博士擔任講座嘉賓，分享如何在教學上運用人工智能來豐富課堂，同時亦講解如何參照數據來調適課程，以更切合時代發展。



感謝吳博士親臨學校向老師分享人工智能及數據運用的趨勢



同日，本校亦邀請了全國政協委員及香港特別行政區特首政策組專家組成員——龔永德先生親臨學校向全體老師分享，主題為「香港青年到內地發展的機會」。龔先生詳細講解現今大灣區發展的情況及機遇，讓老師明白如何裝備學生，以配合國家發展的人才需要。

感謝龔先生親臨學校向老師分享

5月31日

疫情過後，香港學童情緒健康備受關注，教育局及各學校努力營造健康校園環境。除了學生，教師的精神健康亦需被重視，故此，是次教師專業發展日的主題為「Healthy Teacher Healthy School」，期望於本學年快終結時，老師能學習舒緩工作壓力，在校園裡享受其中。

是次活動包括由許惠珍中醫主講的「教師健康生活及中華文化推廣——中醫養生之道」，希望老師們透過中藥、湯水、穴位按摩、簡單運動等方法，提高保持身體健康的意識，同時能傳揚博大精深的中華文化。



之後，我們邀請了九位多才多藝的老師為教職員籌辦「教師興趣工作坊」，盼望同工透過培養興趣，學習如何平衡工作和生活 (Work-Life Balance)，亦透過工作坊，讓同工暫時放下繁重的工作，與同事們輕鬆傾談和合作，建立團隊，營造健康的工作文化。

導師	興趣工作坊
巫映紅老師	空氣草盆栽製作
盧梁燕冰老師	中國畫
馬啟義老師	體能訓練及足球
梁介民老師	魔術
蔡靚茹老師	瑜伽
容文慧老師	烘焙
譚慧妍老師	羽毛球
陳銀深老師及楊慧玲老師	桌上遊戲



最後，本校邀請精神科專科醫生廖廣申醫生擔任主講嘉賓，詳細講解各種情緒病的特徵及處理方法，並分享營造「健康校園」的秘訣。

盼望老師們參與一整天的活動後，能提高注意身心靈健康的意識，在繁忙的教學工作及生活中找到平衡，就如本校校歌——「We are prepared to work and play, to live good lives and to be true in everything we do or say」。工作有時，生活有時，輕鬆有時，我們才能走更遠、更好的路。



Uncovering the Extraordinary Within: The S3 Outward Bound Challenge

The S3 Outward Bound Leadership Training Programme is a crucial component of the school's curriculum, designed to equip our students with the essential skills and mindset to navigate the challenges they will face, particularly in the senior form curriculum. In mid-April, our S3 students embarked on a week-long journey, venturing away from the school and into the natural landscapes of Sai Kung. Under the guidance of well-trained and experienced instructors, they were able to explore the great outdoors and step out of their comfort zones, fostering self-discovery alongside their peers.

The Outward Bound Leadership Training Programme was truly an exceptional experience where we got the chance to nurture our potential to care for ourselves, others and the world around us through a series of challenging tasks in unfamiliar environments. The 5-day experience can be represented by 3 Es: Exploration, Endurance and Evaluation.



Exploration

Connecting with nature was a key aspect of our journey, with a focus on immersing ourselves in natural environments and disconnecting from our daily routines and distractions. Out of all the groups, our group made the ambitious decision to mainly focus on hiking. Our goal was to reach the summit of the Lion Rock (獅子山) to watch the sunrise. The hike from Sai Kung was not easy as we had to carry our heavy backpacks while trying to find our way in the wilderness. Out of all the difficult trails we hiked through, the trek to Mao Ping on the first day was particularly difficult as we had a tough time trying to maintain our balance while walking up a steep slope. Despite that, we got the chance to explore various historical artefacts from the war along the way and learnt valuable skills such as map-reading, orienteering and survival techniques.



Endurance

Endurance was the central theme throughout our journey, a testament to our resilience and determination in the face of adversity. Hiking for four consecutive days was not easy: each day brought new obstacles, from the physical strain of hiking for hours to the mental fatigue of navigating through unfamiliar terrain. Having said that, there were many moments where we were on the verge of giving up. I recall one of my teammates falling ill with a fever in the middle of our journey, yet he pushed on, reassuring us that he was fine despite his sickness. Witnessing his perseverance strengthened our team, as we relied on our inner strength and determination to keep moving forward. It was during these moments of struggle that we truly discovered our capacity for endurance and resilience.



Evaluation

Upon completion of the programme, we took time to reflect on our experience. The evaluation process allowed us to acknowledge our individual strengths and weaknesses, providing valuable insights for personal growth. We could also leverage the skills and lessons we learnt during our journey in our daily lives and future endeavours. Many might think that the Outward Bound Leadership Training Programme is solely designed to inflict physical and mental torment on participants. However, it is rather a transformative journey that fosters self-discovery and where everlasting friendships can be built. It was truly a once-in-a-lifetime experience that challenged us, changed us and ultimately brought us closer to nature and to ourselves. We entered the programme anticipating hardship but came out stronger and with memories that are priceless.

Before the 5-day outward bound programme, discussions on how physically and mentally demanding it would be permeated the classrooms. Everyone, myself included, feared that we would fail to adjust to a life without basic facilities like toilets, proper stoves and beds. I never would have thought that this experience would be one of the best and most memorable of my secondary school life.

One of the highlights of this programme was kayaking in the seas of Sai Kung. The journey wasn't exactly smooth sailing though. As beginners, most of us were experiencing arm cramps and were seasick. When we passed by a channel, the waves were big and blew our boats everywhere, separating us. We all felt very tired, lost and unmotivated, but the encouraging cheers from each other and the endless support and guidance from our instructor allowed us to land safely at our planned campsite – Ma Tau Wan, one of the top five beaches in Hong Kong – with a strong sense of accomplishment. The beautiful sunset and delicious curry that we cooked served as the icing on the cake, making the journey more rewarding.



My teammates and I also made many memories together – from simple things like playing plastic balls our instructor brought on the sea to kayaking to a sea cave. We also built campfires twice. Together we gathered branches, then sat around the fires to laugh, tell stories, expose secrets and listen to songs from our instructor's Bluetooth speaker. We started off as strangers from different classes, but at the end of the programme, we became best friends sharing inside jokes and secrets. On the last day, we didn't want to leave and missed our instructor from the moment we left. Troubles like not getting to shower or having countless mosquito bites became insignificant as long as we had each other.

To me, Outward Bound acted as a nice shift from our usual school routine, allowed us to make connections with nature and trained our resilience and confidence, but most importantly, it formed a strong bond between my teammates and me – one that we would like to keep for the rest of our lives.

3Y Lam Wai Ting Annabel



English Department

English Week

The annual English Week was once again a wondrous success. An exciting variety of activities were arranged to inculcate in students a love for English. A drama showcase and a live singing performance provided our expressive, talented boys and girls with a platform to share their passion. Those who prefer more introspective pursuits were pampered with a book fair and lunchtime song dedication sessions. It was a memorable experience that immersed everyone in a language-rich environment.

Book Fair

In collaboration with Cosmos Books, the English Department hosted a Book Fair in the TSK Hall from 5th to 7th March, 2024. Hundreds of fiction, non-fiction and academic books, as well as a small selection of stationery, were available for purchase at discounted prices. Students were particularly interested in the titles recommended by the Principal Mrs Ma and all English teachers; most were sold out within hours. Teachers relished the opportunity to engage their classes in extensive reading and casual discussions on book genres and characters.

As part of the Education Bureau's 'Week of Love and Growth' initiative, a large poster was put up at the Book Fair for guests, teachers and students to affix messages of appreciation and encouragement for the wider school community.



Drama Club Improv Showcase: UNHINGED

This improvised drama showcase took place during lunchtime on 5th March, 2024 at Carol Yang Blackbox Theatre. Our selected cast members performed based on prompts given by the audience spontaneously on the spot, demonstrating exceptional creativity, quick thinking and witty humour.



Inter-class Reading Trivia

Another exhilarating event during the English Week was the Inter-class Reading Trivia, which was successfully held on 4th March, 2024. S1, S3 and S4 classes sent teams of representatives to take part in the cut-throat competition. Each team studied 2 to 3 selected short stories over the Chinese New Year Holiday and all competitors demonstrated remarkable memory, great attention to detail and outstanding reading strategies on the day of the event. In the end, classes 1L, 3J, 3Y and 4L outcompeted the other classes and were rewarded for their meticulous preparation.

'SOW in Love' Letter Writing Competition

Our students took part in the 'SOW in Love' Letter Writing Competition organised by the Education Bureau. They expressed their gratitude to a family member, teacher, friend, pet, etc. that they love dearly by writing a letter that included an SOW (saying of wisdom) of their choice and supplementing it with an illustration. In the preliminary round held within the school, 1D Choi Tsz Sum, 1D Ho Joshua and 2J Xiong Zixuan won First Prize, Second Prize and Third Prize respectively. Congratulations to all!



Song Dedication

The Song Dedication Event was back this year by popular demand. Many students were excited to dedicate songs to their friends and loved ones. Our energetic emcees, 2C Mui Wai Lun Megan and 2H Ng Hei Yu, added to the fun by introducing each song with a punch. We even had students singing along and dancing to the music at lunchtime in Central Square on the two days of the event. A great start to the appreciation of English music!



CAS Live Singing Performance

A group of S5 IB students, led by 5L Wong Chin Shun, gave a live music performance. They confidently belted out tunes in Central Square as part of CAS (Creativity, Activity, Service). Lots of students gathered to watch and support them. Their lively music filled the air and warmed the hearts of the audience. This last event brought English Week to a beautiful close.

Glory to the English Drama Club!

The English Drama Club participated in the 'Speak Up Act Out' Improvised Drama Competition in April 2024 and was proud to bring home the first prize from the competition. The team of selected cast members were given a line of dialogue in the morning and devised a 5-minute short drama in which no props and sets were allowed, save for two chairs.

The team also competed in the AEMSS Drama Fest 2024 in May and proudly won the Outstanding Directing prize. One of our team members, 2H Peng Pan Shing Peter, was also awarded the Outstanding Performer prize for his remarkable acting. The team performed a 15-minute show with an original script entitled Miss Fortune, in which they explored the themes of superstition, fate and camaraderie.



The 75th Hong Kong Schools Speech Festival

3L Lee Chun Hei	Solo Verse Speaking, Non-Open (Secondary 3, Boys)	First	
5L Gittings Mark Daniel 6L Lo Ka Yuet Ryan 6L Tang Tsz Kiu Rachel 6L Ying Anna	Improvised Dramatic Scenes (S4-S6)		
3Y To Hoi Ching	Solo Verse Speaking, Non-Open (Secondary 3, Girls)		Second
4D Feng Yat Fan	Solo Verse Speaking, Non-Open (Secondary 4, Girls)		
2H Sze Yiu Ki Max	Solo Verse Speaking, Non-Open (Secondary 2, Boys)	Third	
2L Yiu Kwan Pok Wesley			
3D Lu Leovic Ho	Solo Prose Speaking, Non-Open (Secondary 3, Boys)		
4Y Ho Chung Ting Harry 5J Chow Pak Yin 5L Choy Yi Ching 5Y Lau Aaron Jensen	Improvised Dramatic Scenes (S4-S6)		

Experiential Learning

The English Department aims to provide a wide range of engaging programmes to facilitate language acquisition in a positive and open-minded environment. As a means to this end, we arranged experiential learning activities for S2 MLP and S4 DSE students in the second term. Stay tuned for more in 2024-25!

S2 MLP

To enrich students' exposure to real-world experiences and knowledge, our S2 students participated in the Ocean Park Academy programmes, namely 'Ocean Treasure' and 'Bamboo Eaters', in March and April 2024. They provided students valuable opportunities to learn about the different species of wildlife and the Ocean Park's conservation efforts. In the subsequent lessons back at school, students were engaged in group presentations where they shared about what they had learnt and their reflections on the topic.



S4 DSE

To broaden S4 DSE students' horizons, guided tours of heritage sites in Central, Admiralty and Wan Chai were arranged as part of the 'cultural preservation' module on 7th May, 2024. Students were introduced to the history of Asia Society Hong Kong Center, PMQ, Blue House, etc. and developed a nuanced understanding of conservation and revitalisation work. On returning to school, they attended two presentation sessions where eight groups were invited to share their travel blogs and describe the heritage sites they had visited. These activities were well received by students and teachers alike.



Battle of the Books

Armed with their knowledge of all 20 pre-selected books, our small but mighty team went to ESF Island School on 3rd May, 2024 and fought tirelessly in a trivia battle with other schools. Our fervent readers pressed on despite some tough questions and were inspired to see their love of reading shared by so many.



中文科活動

中文科書展系列活動

書籍是改造人類靈魂的工具，閱讀為人提供精神的養料。為了讓學生體會閱讀的樂趣及得益，中文科於本年2月27日至2月29日假鄧肇堂舉辦中文書展。書展展出中文科老師及中文學會成員精心挑選的推介書籍，中文科老師及中文學會主席5D王珮綺同學也在週會上親身向同學推介心儀書籍。同學們反應熱烈，在書展上購得心頭好，以閱讀開啟美好的新一年！



書展上展出師生精心推介的好書，同學們在書展上認真挑選心儀書籍



中文科老師及中文學會主席王珮綺同學在週會上親身向同學推介心儀書籍

除了舉辦書展，中文科也邀請香港著名作家游欣妮老師向初中同學分享寫作心得。同學們投入講座，積極發問，並在講座後向游老師索取簽名，表達對作家的喜愛！



中文學會「中西區文學散步」

中文學會透過分析《胭脂扣》（節錄）、《從西邊街走回去》和《咖啡隨想錄》三篇文本，並以輕鬆的文學散步，了解香港的人情、故事和散失的歷史，填補對我「城」的空白。最後同學以一杯芳馥的咖啡作結，並與咖啡師交流互動，體會那份不可被複製的人情味。願活動能在同學心中播下「文學源於生活」的種子，然後萌芽生長！



碩果累累——中文科獎項分享

朗誦比賽

在第75屆香港學校校際朗誦節，經同學不懈努力與老師悉心訓練，本校同學在中文朗誦項目中勇奪四項冠軍、六項亞軍、十項季軍，成果豐碩。以下是得獎名單、項目：

班別	姓名	獎項
1J	楊承浩	普通話詩詞獨誦冠軍
1H	鄭亦婷	普通話詩詞獨誦冠軍
1C	衛詩嫻	粵語詩詞獨誦冠軍
5D	邵欣妍	普通話詩詞獨誦冠軍
1H	陳善一	普通話散文獨誦亞軍
1D	汪昱行	普通話散文獨誦亞軍
1H	蔡禮信	普通話詩詞獨誦亞軍
1L	張天胤	普通話詩詞獨誦亞軍
2H	楊承業	普通話詩詞獨誦亞軍
3Y	莊曉恩	普通話詩詞獨誦亞軍

班別	姓名	獎項
1J	楊承浩	普通話散文獨誦季軍
1H	鄭亦婷	普通話散文獨誦季軍
1H	曾悅澄	普通話散文獨誦季軍
1L	張天胤	普通話散文獨誦季軍
1C	蔡偉航	普通話詩詞獨誦季軍
1Y	陳諾	普通話詩詞獨誦季軍
1Y	史明言	粵語基督教經文朗誦季軍
2H	劉心睿	普通話詩詞獨誦季軍
2H	譚舒予	普通話散文獨誦季軍
4H	楊翊	普通話散文獨誦季軍

寫作比賽

中國中學生作文大賽

本校參與了2023-2024中國中學生作文大賽。賽事自2006年開始舉辦，每年香港有逾200間學校參與大賽、累計超過150萬學生參加活動，為香港學界規模最大、認受性極高的文學盛事。3L班張梓欽成功晉級決賽，獲邀於2024年4月19至22日到澳門參與全國總決賽，跟全國菁英進行即席寫作、演講的比拼。張同學在高手如林的比賽過關斬將、脫穎而出，勇奪比賽最高獎項——「恆源祥文學之星（初中組）」（每年全國只有10位同學獲此殊榮）及中國中學生作文大賽一等獎，可喜可賀！張同學的傑出表現，不僅為校爭光，也為香港學界增光添彩！



3L班張梓欽同學喜獲全國文學之星

標語創作比賽

此外本校參與由「帶teen童路」舉辦的「尊重、負責、關愛、包容」標語創作大賽。3J班謝睿天獲中學組優異獎，本校獲得「踴躍參與學校獎」。以下是同學創作的標語：

尊師重道示尊重，互諒互讓齊包容。
齊心協力負責任，習慣關愛齊跟從。

在下學期，本校參加由南區民政事務處及南區青年團舉辦的「全民國家安全教育日」南區中學生標語創作比賽。本校同學積極參與活動，共獲5個獎項：

冠軍

安邦定國民族興，
國家安全齊認清。

1C 蔣政

亞軍

捍衛國家安全，
建立美好家園。

2H 劉心睿

季軍

國家安全必要識，
全國人民齊得益！

2H 伍柏熹

優異獎

國家安全同守護，
家庭社會皆穩固。

1L 施安庭

優異獎

國安法須齊共守，
國家安全向前走。

3D 唐鈺苑

辯論比賽

本校中文辯論隊於本學年參加辯論超級聯賽，5L班黃小蓉同學於第二輪賽事榮獲「最佳辯論員」，3L班董河廷同學更於第三輪及第五輪賽事兩度獲得「最佳辯論員」。恭喜兩位同學獲獎，亦感激保祿六世書院、中華傳道會安柱中學及拔萃女書院與我隊作賽。

兩文三語比賽

中文科與英文科合作參與教育局語常會主辦的「兩文三語：一分鐘短片製作比賽」，4C班郭皓智、4C班趙恭豪、4H班賴翊朗、4H班黃鈺熹、4H班楊尊組隊參與，發揮創意，以說唱形式推廣兩文三語，弘揚香港的語言優勢，在高中組比賽進入前十強，勇奪優異獎及最高人氣獎！



如切如磋，如琢如磨，願同學們來年也積極參與各類中文科比賽，通過與高手比拼，提升語文能力，為校爭光！

Citizenship and Social Development Society – Budget O.NLINE@M21

On 6th March, 2024, the Hong Kong Federation of Youth Groups held a live show "Budget ONLINE@M21" providing a platform for our Financial Secretary, Mr Paul Chan, to outline the 2024-25 Budget and respond to young people's questions. Nine of our students joined this activity. 5L Li Yan Heng, Chairman of the Citizenship and Social Development Society, was given an opportunity to ask a question on the principles of accounting. Mr Chan in response gave a very detailed explanation which inspired all students and teachers in the forum.



Geotagging the Future: Diving into Geospatial Lab

On 16th April, 2024, our Geography students visited the Geospatial Lab, which is established by the Development Bureau of the HKSAR government. The visit, organised by the Geography Department, was a response to the growing importance of open data and the widespread use of geographic information system (GIS) in daily life, in an era of smart city development. During the visit, experts from the Development Bureau provided a geospatial training course to our students with the use of GIS software and the open data source offered by the government.

Note that the lab and its workshops are open to members of the public. If you are interested, why not visit it at <https://csdigeolab.gov.hk>?



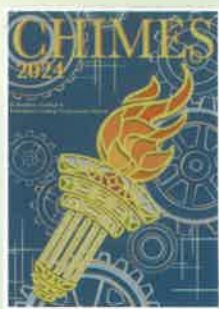
Graduation Art Show 2024

Graduation Art Show 2024 was held in Central Square from 3rd to 5th January, 2024. At the Show, graduates not only showcased their learning outcomes, but also communicated their thoughts on art with the public. Exhibits included works on canvas, drawings, sculptures, clay works as well as printmaking.



Chimes 2024 Cover Design Competition

Among 300 talented students who submitted many incredible designs for the cover of Chimes 2024, 5H Lam Ching Tung, 2J Leung Yan Ho and 3L Yang Hoi Mak Franklin were awarded First Prize, Second Prize and Third Prize respectively. Congratulations!



First Prize
5H Lam Ching Tung



Second Prize
2J Leung Yan Ho



Third Prize
3L Yang Hoi Mak Franklin

Visual Arts Awards

International Art Competition for Children "PIATRA NEAMT CREATIV VII" (Romania)



3Y Lam Wai Ting Annabel
Diploma

The 3rd Competition for Student Ceramics Creation in Treasure Hunting Pottery



5D Zhang Mandy
2nd Prize

The 9th Hong Kong Secondary School Distinguished Artwork Exhibition

The 9th Hong Kong Secondary School Distinguished Artwork Exhibition saw an impressive participation of 127 secondary schools, with more than 800 artworks submitted by talented students. Among them, 2D Kwok So Yee Zoe and 3D Tang Yuyuan received the Grand Award and 5Y Chan Cheuk Kit achieved Distinguished Artwork.



2D Kwok So Yee Zoe
Grand Award



3D Tang Yuyuan
Grand Award



5Y Chan Cheuk Kit
Distinguished Artwork

H2O Camp 2024: Reflecting Hope's Meaning in the Bible

On 3rd February, the Christian Fellowship at our school organised a Winter Day Camp, leaving a lasting impact on the participants. Under the theme of 'Hope To Overthrow', the camp aimed to delve into the profound meaning of Hope in the Bible, and it proved to be an incredible success.

The morning session commenced with an engaging team-building activity, specially crafted by the dedicated fellowship committee. The participants were grateful for the pleasant weather, as the absence of rain and scorching heat allowed them to fully immerse themselves in the experience.

In the afternoon, the camp took an even more transformative turn. Co-workers from "The Dawn" took the stage and shared a powerful message inspired by Romans 5:3-5. Through a series of interactive mini-games, the message resonated deeply within the hearts of the students, leaving an indelible mark.

As the session drew to a close, the speaker extended an invitation to those who desired to embrace Jesus as their personal saviour. The response was overwhelming, as five students courageously raised their hands to accept the call.

The H2O Camp is an annual winter camp organised by the Christian Fellowship. The camp aims to enhance the bonding between fellowship members and develop the leadership skills of the committee members, who organise the camp themselves. This year, we are particularly pleased that many Christian teachers joined the camp to show their support.



Sharing insights learned
from the game



Strengthening bonds
through team play



Exploring the Bible's teachings
through mini-games

Be Strong and Courageous: Joint-school Revival Camp Raises Christian Leaders

The annual joint-school revival camp was successfully held from 2nd to 4th April at the International Christian Quality Music Secondary and Primary School (ICQM). This camp marked the first time since the COVID outbreak that students were able to stay overnight. Over 200 students from different schools and churches participated in this inspiring event.

The camp commenced with an uplifting opening ceremony, featuring encouraging speeches from school principals. The students then engaged in mass games and enjoyed a BBQ in the afternoon. In the evening, U-fire Director Joyco Wu delivered a powerful message on holiness, prompting numerous students to respond to the altar call, embracing the importance of sexual purity before marriage.

On the second night, Pastor Sharon Lau recounted the story of her father's calling to China as a missionary when he was just 16 years old. Numerous miracles unfolded as he embarked on this journey. She also shared her personal struggles as a missionary's child, recounting her wrestling with faith throughout her youth until she humbly surrendered to God's will. Her story deeply resonated with the students, instilling in them a sense of purpose and a realisation that God can work in extraordinary ways through young individuals.

The participants organised a carnival for the elderly residents living nearby on the third day. They showcased their talents through drama, music, and game stalls, while also sharing the gospel with the elderly. This experience allowed the students to witness the transformative power of God and ignited a desire within them to serve God on their own campuses.

The joint-school revival camp has been a significant event since its inception in 2014, and this year marks its 10th anniversary. It has played a pivotal role in transforming the lives of countless young individuals, fostering their growth as Christian leaders.



Students and teachers from different schools enjoyed a BBQ together



U-fire Director Joyco Wu delivered a powerful message on holiness



Students performed a musical during the carnival on the third day



The elderly enjoyed the stall games prepared by the students

Gospel Week: God in Us, We Are Not Alone

The Gospel Week was successfully conducted from 22nd to 26th April, with this year's theme being 'God in Us'. The school community reflected on the seeing God through the beauty of nature and His magnificent creation. The Religious Education Committee and the Christian Fellowship designed a series of activities to highlight the theme, including an interactive art exhibition on the beauty of animals. The exhibition consisted of 10 stations showcasing oil paintings, paper cuts on wood and banners on silk from various artists who used their gifts to display the beauty of God's creation and convey messages from the Bible. At each station, students responded and reflected on the artwork. There was also a book exhibition for students to learn more about the Christian faith.

During lunch, a special communion service led by Rev Will was held for parents, teachers and students. A Wellness and Blessing Booth was also set up at the Centenary Building during lunchtime where students could paint, draw, solve puzzles and pray.

The highlights of the week were the two Religious Assemblies. At the Day 3 Assembly, architect David Shum and national athletics champion Michael Kennelly shared the breakthroughs in their lives when they met God. At the Day 6 Assembly, old girl Jen Lam and the Vidal sisters, Janice and Jill, shared how God led them into the journey of performing arts and entertainment. Their inspiring testimonies left a profound impact on the students, motivating many to follow Jesus and live their lives to the fullest.



第76屆香港學校音樂節

本年度的第76屆香港學校音樂節的團體項目恢復現場作賽模式，並於本年2至3月舉行。本校同學在團體及個人項目中均獲佳績，當中由陶依靜老師指揮和訓練的混聲合唱團和混聲聲樂小組，分別贏得亞軍和季軍，混聲合唱團更躋身第二組別中學混聲合唱決賽。由管樂總監馬文麒先生帶領的木管樂小組亦榮獲亞軍，特此恭賀。

此外，本校的混聲合唱小組更獲邀於3月16日參與第52屆香港藝術節節目《彼得·菲利普斯合唱工作坊》，於聖約翰座堂李堂向公眾作示範演唱。

混聲合唱團	中學合唱團 - 外文歌曲 - 混聲 - 第二組別 - 高級組	亞軍/金獎
木管樂小組	木管樂小組 - 中學 - 初級組 (不同樂器)	亞軍/銀獎
混聲聲樂小組	聲樂小組 - 外文歌曲 - 混聲 - 中學	季軍/銀獎
低年級弦樂小組	弦樂小組 - 中學 - 初級組	金獎
童聲合唱團	中學合唱團 - 外文歌曲 - 混聲 - 第一組別 - 初級組 - 15歲或以下	銀獎
管弦樂團	管弦樂團 - 中學 - 中級組	銀獎
中樂團	中樂小組合奏 - 中學組	銀獎
高年級弦樂小組	弦樂小組 - 中學 - 高級組	銀獎
管樂團	管樂團 - 中學 - 中級組	銅獎
銅管樂小組	銅管樂小組 - 中學 - 初級組	銅獎
5Y 胡港豐	聲樂獨唱 - 中文 - 男聲 - 中學 - 16歲或以下	冠軍
	聲樂獨唱 - 外文歌曲 - 男聲 - 中學 - 16歲或以下	亞軍
2L 潘詩澄	聲樂獨唱 - 中文 - 女聲 - 中學 - 14歲或以下	冠軍
	聲樂獨唱 - 外文歌曲 - 女聲 - 中學 - 14歲或以下	亞軍
2H 劉心睿 2L 潘詩澄	女聲二重唱 - 14歲或以下	冠軍/金獎
1C 曾曉樂	鋼琴二重奏 - 中級組	冠軍/金獎
1C 姚宏業 1D 姚守業	鋼琴二重奏 - 中級組	冠軍
1D 姚守業	分級鋼琴獨奏 - 六級	亞軍
5L 莫君頌	分級鋼琴獨奏 - 八級	季軍
1H 羅明輝	聲樂獨唱 - 中文 - 男童聲 - 中學 - 14歲或以下	季軍



1C 曾曉樂



1D 姚守業



1H 羅明輝



2L 潘詩澄



5L 莫君頌



5Y 胡港豐



混聲合唱團擠身合唱決賽



低年級弦樂小組



1C 姚宏業 1D 姚守業 2H 劉心睿 2L 潘詩澄



香港藝術節節目
《彼得·菲利普斯合唱工作坊》



木管樂小組



混聲合唱團



混聲合唱小組

聖誕報佳音2023

慶祝聖誕這個普天同慶的節日，30多位合唱團成員由陶依靜老師帶領下，於去年12月獲邀到香港鄉村俱樂部、香港美利酒店及四季酒店頌唱聖誕歌曲，以歌聲為佳節倍添喜悅。



與校長、老師和家長合照



學生司琴



四季酒店演出



香港鄉村俱樂部演出



香港美利酒店演出

教省教育日頌唱晚禱崇拜

本學年的香港聖公會教省教育日崇拜於2024年1月13日（星期六）下午在聖公會聖三一座堂舉行，由陳謳明大主教主禮。本校混聲合唱團榮獲邀請在崇拜中獻詩，代表全港聖公會中、小學頌唱主恩。



崇拜中獻詩



混聲合唱團

香港校際合唱節2024

本校由陶依靜老師指揮及帶領的混聲合唱團和童聲合唱團，於本年2月7日及21日，分別到沙田大會堂和香港演藝學院參加了香港校際合唱節2024的高級組和初級組比賽的大師班，跟其他學校合唱團觀摩切磋，並接受合唱專家的指導。本校亦邀得聖公會音樂總監楊欣諾先生到校指導，最終混聲合唱團和童聲合唱團分別榮獲金獎和銅獎。

本校23位混聲合唱團主力成員亦參與了於4月6日在沙田大會堂舉行的「香港校際合唱節×香港兒童合唱團音樂會」，由陶依靜老師和余之期老師指揮演出譚天樂先生的合唱作品《路人》和《信任彩虹》，並參與音樂會結尾的《新的一天》聯合大合唱，演出片段於港台電視32台播出，並可於香港電台網站重溫。



童聲合唱團榮獲銅獎



童聲合唱團榮獲銅獎



混聲合唱團榮獲金獎



混聲合唱團榮獲金獎



混聲合唱團榮獲金獎



楊欣諾先生到校指導



23位混聲合唱團成員



「香港校際合唱節x香港兒童合唱團音樂會」

聯校音樂大賽2024

本年度由香港聯校音樂協會舉辦的聯校音樂大賽2024於本年3月至5月舉行，本校多支音樂隊伍參與現場賽事，共獲9金1銀，成績驕人。另外，由於管弦樂團、管樂團和弦樂室樂團比賽日適逢本校期中試，故本校隊伍改為以提交影片參加比賽，成績有待大會公佈。

童聲合唱團	中學合唱團（初級組）	金獎
	中學合唱團（高級組）	銀獎
混聲合唱小組	中學合唱小組	3項金獎
中樂團	中學小組合奏（中樂）	金獎
弦樂四重奏A隊	中學合奏（弦樂）	金獎
弦樂四重奏B隊	中學合奏（弦樂）	金獎
木管樂小組	中學合奏（木管樂）	金獎
銅管樂小組	中學合奏（銅管樂）	金獎



童聲合唱團



混聲合唱小組



中樂團



弦樂四重奏A隊



弦樂四重奏B隊



木管樂小組



銅管樂小組



管弦樂團



管樂團



弦樂室樂團

音樂薈萃·學校創藝作品2024

由余之期老師、謝昕琦老師帶領的音樂創藝隊和蔡靚茵老師帶領的舞蹈隊攜手合作於本年度上學期參加了由教育局藝術教育組及香港作曲家聯會主辦的「音樂薈萃·學校創藝作品2024」，以現場音樂演奏配合現代舞及投射錄像，多媒體演出由5L莫君頌同學譜寫的純音樂作品《祈·幻·喜·飛》，獲大會頒發「傑出演出獎」和「傑出音樂獎」，並獲選於本年3月26日在沙田大會堂演藝廳舉行的最後匯演中演出。

本校演出隊伍最終勇奪「傑出創藝作品金獎」，莫君頌同學更獲頒「個別學生音樂作品獎」，並獲頒2024年度「香港作曲家聯會導師計劃」獎學金，來年將跟隨一位本地作曲家學習譜寫新曲，並作公開首演。



音樂創藝隊及舞蹈隊



獲頒「傑出創藝作品金獎」、
「傑出演出獎」及「傑出音樂獎」



莫君頌同學《祈·幻·喜·飛》多媒體演出



復活節崇拜獻詩

本校混聲合唱團由余之期老師指揮帶領下，於本年3月27日在聖公會聖約翰座堂舉行的復活節崇拜中領詩，獻上聖詩《There's A Wideness In God's Mercy》。本年度百周年管風琴獎學金得主5L莫君頌同學和4L沈明佑同學亦於座堂中為合唱團伴奏獻技。



聖公會聖約翰座堂



混聲合唱團



4L沈明佑同學

香港花卉展覽2024音樂表演

應康樂及文化事務署邀請，本校同學於本年3月22日到維多利亞公園舉行的「香港花卉展覽2024」，為在場的市民大眾作現場演奏。當天演出節目由同學4D許翊琳、4Y麥杏芝作司儀介紹，表演團隊包括音樂創藝隊、高年級弦樂小組、低年級弦樂小組、弦樂室樂團、銅管樂小組以及由余之期老師指揮的中樂團。



全體演出同學合照



低年級弦樂小組



音樂創藝隊



高年級弦樂小組



弦樂室樂團



銅管樂小組



中樂團

班際歌唱比賽2024

由本校音樂科及音樂協會主辦、課外活動管理委員會協辦的中一至中五級班際歌唱比賽，於本年4月至5月順利進行各級別初賽，並將於7月12日在學校大禮堂舉行決賽。21隊參賽班別於比賽中載歌載舞，配以富有特色的編曲，充分發揮同學的音樂才華，亦展示活力和無限創意。本校更榮幸邀請到音樂界校友陳思慧小姐，偕同黃智葦副校長、徐曉欣老師和謝昕琦老師擔任評判，從各級班別中評選出冠、亞、季軍。

	冠軍	亞軍	季軍
中一級	1Y	1D	1J
中二級	2J	2H	2Y
中三級	3L	3C	3Y
中四、五級	4L	4Y	4C



4L



3L



2J



1Y

音樂部慶功午宴2024

承蒙本校家長教師會贊助，音樂部聯同音樂協會於本年5月22日，在伍華堂為全體合唱團、管弦樂團、管樂團、弦樂室樂團、中樂團及學生司琴隊成員，舉行了一場慶功午宴，以表揚同學在這一年為各音樂團隊所付出的努力。



音樂團隊成員與馬李敏慧校長合照

Inter-school Sports Competitions

Athletics

Boys (Division 1)

Grade A	6D Pong Hok Him	7 th in High Jump
Grade B	2C Tam Yuk Hon	5 th in 800m
	4H Tam Yuk Wang	7 th in 400m
	2C Tam Yuk Hon 4H Tam Yuk Wang 3Y Ma Markus 4H Cheng Yu Tung Austin	7 th in 4 × 400m Relay
	4Y Mok Timothy Kwan Yeung	
Grade C	2L Lin Lucas	4 th in High Jump
	2C Chen Eric 2C Cheung Ka Wing 2C Leung Chun Yeung 2H Lau Chi Hang	4 th in 4 × 100m Relay
	2C Cheung Ka Wing 2H Chu Russell 2H Pang Cho Shing 2Y Chim Yan Yau	5 th in 4 × 400m Relay
	2D Hui Siu Yau	6 th in Shot Put
	1Y Chan Tsz Long	7 th in 1500m
	2C Leung Chun Yeung	7 th in 200m and 8 th in 100m
	2H Lee Tin Ho Avery	8 th in High Jump



Girls (Division 2)

Overall 3 rd		
Grade A	Overall 4 th	
	4D Yeung Twiggy	2 nd in 4 × 100m Relay
	6D Fung Yan Ki	
	6L Lam Ka Yu	
	6Y Wong Abbie	
	5L Wong Chin Shun	3 rd in Javelin
5L Choy Yi Ching	4 th in High Jump	
Grade B	Overall Champion	
	3L Au Oi Yu Angelina	1 st in 800m and 3 rd in 1500m
	4D Ng Hoi Ying Hannah	1 st in 200m and 2 nd in 100m
	3C Cheung Hoi Ki	1 st in 4 × 100m Relay
	4D Ng Hoi Ying Hannah	
	4D Yang Lin Xi	
	4Y Wong Candise Ching Kiu	
	3L Au Oi Yu Angelina	2 nd in 4 × 400m Relay
	3L Ma Ho Ho	
	4L Chan Ying Chuk	
	4L Ng Yi Ching	
	3C Cheung Hoi Ki	3 rd in Long Jump and 3 rd in 100m
4Y Wong Candise Ching Kiu	4 th in 100m Hurdles	
Grade C	1C Ngan Chloe Hoi Yiu	1 st in 100m and 1 st in 200m



Badminton

Our Boys B Badminton Team came second at the Inter-school Badminton Competition. The Boys A team previously won the championship, whereas the Boys C team reached the quarter-finals. Thanks to the hard work of all members, we also got the **overall champion** at the competition, and will be promoted to Division 1 next year.



Football

At the Inter-school Football Competition, our Boys C Football Team came second. The Boys B team reached the quarter-finals. Overall, we were ranked third.



Volleyball

At the Inter-school Volleyball Competition, our Girls A Volleyball Team won the **championship** whereas the Girls C team came second. As the **overall champion** of the girls' competition, we will be promoted to Division 1 next year. The Boys C team also finished third.



Inter-house Athletics Competition 2023-24

Grade	Champion House
Boys A	Hewitt
Boys B	Hewitt
Boys C	College
Boys Overall	Hewitt
Girls A	College
Girls B	College
Girls C	Barnett
Girls Overall	College
Overall Champion	College



Overall Champion



Boys Champion



Girls Champion

Record Breakers

Event	Name	Result
Boys B 400m	4H Tam Yuk Wang	55.84
Boys C 100m	2C Leung Chun Yeung	12.12
Boys C 200m	2C Leung Chun Yeung	24.93
Girls B 100m	4D Ng Hoi Ying Hannah	12.86
Girls B 100m	3C Cheung Hoi Ki	13.03
Girls B 200m	4D Ng Hoi Ying Hannah	26.60
Girls C 200m	1C Ngan Chloe Hoi Yiu	27.28
Boys B 4x400m Relay	Hewitt House	4.03.52
Boys B 4x400m Relay	Martin House	4.03.97
Girls A 4x400m Relay	College House	4.53.73



Physical Education Activities

Dragon Boating (S4 Bridging, S6)



Lacrosse (S3, S4 Bridging)



生命教育系列：《填詞L》電影欣賞活動及嘉賓分享

家教會在3月2日星期六早上舉辦了《填詞L》特別優先場。電影以幽默惹笑手法講述年輕女主角追逐夢想屢敗屢試，苦中作樂，不但內容勵志，有笑有淚，且有聖士提反書院校友參與製作及演出，部分電影場景更於書院取景拍攝。我們更邀請了導演黃綺琳、監製兼校友黃鑄、以及其中兩位參演的校友周漢寧和潘宗孝出席，與大家分享尋夢當中的甜酸苦辣。活動當天，校長Mrs Ma、兩位前任校長Dr Law和Ms Yang、小學部王校長和盧副校長、老師代表、一眾舊師生、學生和家長共二百多人出席，濟濟一堂，場面溫馨熱鬧。大家看到電影中熟悉的場景、寫實貼地的情節和對白，非常有共鳴。影片大獲好評，不僅成為第20屆香港亞洲電影節閉幕電影，更榮獲第30屆香港電影評論學會大獎推薦電影及第42屆香港電影金像獎最佳原創電影歌曲（主題曲《填詞魂》）等。在此再次恭賀製作團隊，希望大家繼續積極鼓勵和支持下一代努力追夢！



蘇嘉敏
家長教師會副主席



導演黃綺琳、監製兼校友黃鑄、其中兩位參演的校友周漢寧和潘宗孝與書院和小學部的校長們和嘉賓合照



導演黃綺琳、監製兼校友黃鑄、以及其中兩位參演的校友周漢寧和潘宗孝出席分享環節



電影欣賞活動大合照

家長也敬師

為了感謝所有教職員對學校及學生的付出，家長教師會除了於一月中在教員室添置兩部微波爐外，更於四月底送上感謝咭及健康小食禮包，以表心意。祝願大家健康愉快！在此，特別鳴謝中二學生家長Ms Virginia Wong以特惠價贊助健康小食禮包。



劉慧雲
家長教師會主席

PTA Outing

On 23rd March, the Parent-Teacher Association (PTA) organised a captivating cultural tour to Tai O, a charming fishing village nestled along the western coast of Lantau Island. Over 80 members joined, including the new Principal Mrs Ma, teachers, students and their families.

The day greeted us with splendid weather, setting the stage for a wonderful adventure. We first attended a traditional shrimp paste workshop, where we had the rare opportunity to make this cherished delicacy ourselves. The tantalising aromas wafting through the workshop ignited our curiosity and appetites.

At lunchtime, we savoured local delights at Fook Man Lam restaurant. The highlight of the meal came in the form of exciting lucky draws, infusing an extra layer of anticipation among the participants.

In the afternoon, we had a walking tour covering the village's iconic attractions, including the picturesque Sun Ki Bridge, the majestic Yeung Hau Temple, the serene Tin Hau Temple, the tranquil Fu Shan and the enchanting Tai O Heritage Hotel, a former police station transformed into a boutique hotel. Every step revealed the rich tapestry of Tai O's past and cultural heritage.

On behalf of the PTA, we extend our sincere gratitude to all the participants for making this outing a resounding success. It was truly an unforgettable day.



Mary Lee
PTA Exco Member
Parents' Relation and
Recreation Committee



賀年禮品轉贈計劃

香港聖雅各福群會食物銀行主辦的賀年禮品轉贈計劃是一個很好的社區共融活動，目的旨在讓大家於農曆新年期間將剩餘的食物及禮品轉贈給社會各界有需要的人士，從而體驗「施比受更為有福」的理念。這個計劃不僅能讓低收入家庭感受到節日的喜悅，也能讓參與的本校學生明白要關心並幫助有需要的人。

隨着疫情消退，校園生活逐漸回復正常，聖士提反書院家長教師會聯同小學部家長教師會於2月復辦此活動，反應熱烈，禮品數量創歷年新高，感謝各位家長及學生鼎力支持。



黃駿傑
家長教師會
義工服務組委員

Study Pathway Talk

This year's Study Pathway Talk was held on 13th April, 2024 in Ng Wah Hall. In the first part of the talk, Mr Corwin Kan, our Assistant Principal and Career Master, and Ms Celine Chan, University Guidance Counsellor, shared information about university admissions and preparation for overseas university applications. In the second part, there were consultation breakout sessions on different destinations including the UK, the US, Canada and Australia, hosted by Mr Kan, Ms Celine Chan and Ms Ally Chan (Guidance Mistress).



Cathy Cheung
PTA Exco Member
Pre-University
Education Committee



中六畢業生，加油！

猶記得去年雪糕車到臨學校是何其振奮人心！因為不少畢業同學希望在離校前能再回味一番，學校於今年3月11日再出資舉辦這別具意義的活動，並得到校長私人贊助和家長教師會鼎力支持。各方為隆重其事，準備了不少窩心的小食：學校準備了特色雪糕車和棉花糖；家長教師會幹事也親力親為，現場製作香氣四溢的焦糖爆谷，更送上配有鼓勵字句的祝福旗子，為即將參加公開考試的畢業生打氣！

當日小息及午飯期間，同學們興奮地奔走於各個地點，務求能嚐盡各款美味的小食。校園內外散發着甜點的香氣，同學們面露滿足而愉悅的笑容，彷彿在繁重的學習生涯中，添上了不少「甜」！



駱秀蘭
家長教師會司庫
家長支援組委員



生命教育系列：

家長講座：如何在現今世代培育出健康快樂有成就的年青人 (II)

家長教師會去年10月14日周年大會邀請資深精神科醫生廖廣申醫生主講，分享內容十分精彩，可惜時間太短，很多題目未有深入探討，也沒有即場互動。故此，我們於2024年4月27日（星期六）再次邀請廖醫生，於銅鑼灣中華基督教會公理堂，針對青少年的精神健康，指導家長如何引導子女成為一個健康、快樂、有成就的年青人。

活動反應熱烈，當天有過百位家長參加出席，創講座活動參加人數的紀錄。廖醫生臨床經驗豐富，對青少年的精神健康見解精闢，一直對社會上的精神問題有所關注及研究。講座後不少家長表示獲益良多，本會希望能透過家長講座，讓講者分享經驗，從而能鞏固家庭健康生活，讓同學可以在青少年期開心快樂地創建美好人生。



廖廣申醫生現為私人執業精神科專科醫生，同時擔任香港大學李嘉誠醫學院名譽臨床副教授、香港大學防止自殺及研究中心副總監，以及香港基督教輔導學院顧問及客席講師。廖醫生是精神科聯絡－會診的專家，特別關注青少年、學童及成年人心理及自殺問題，研究興趣包括自殺、焦慮、抑鬱、醫療管理等範疇。



如對《會訊》有任何意見，可與以下委員聯絡：

劉慧雲女士（2022-2024 年度家長教師會主席）

吳黃潔老師（家校合作總負責老師）

馬李敏慧校長（顧問、家長教師會當然副主席）

譚梓恆老師（《會訊》編輯）

校對：陳嫻嫻老師、張庭霖老師、周汶霖老師、黎婉慧老師、羅湛勛老師、李振聲老師、李佩儀老師、彭詠翠老師、黃宏強老師