

Sports



2019

More than 430 students participated in Inter-school competitions organized by the Hong Kong School Sports Federation (HKSSF). A special mention should go to our outstanding athlete, Chu Lok Yin, who was awarded the BOCHK Rising Star Athlete Award in Athletics.

The list below shows some of the outstanding results in external sports competitions last year.

Inter-School Sports Competitions

- *The College came 16th in the BOCHK Bauhinia Award out of 191 coeducational schools.*
- *Chu Lok Yin (1L) was awarded the BOCHK Rising Star Athlete Award in Division I Athletics.*

Division II

- *The boys badminton team came 2nd in C grade and were 3rd overall.*
- *The boys basketball team came 2nd in C grade and were 4th overall.*
- *The boys beach volleyball team came 4th in BC grade and overall.*
- *The boys swimming team came 2nd in B, C grade and overall.*
- *The girls badminton team came 2nd in A grade and were 4th overall.*
- *The girls tennis team came 4th overall.*

Division III

- The boys football team came 4th in C grade, 1st in B grade and overall.
- The girls swimming team came 3rd in C Grade and were 4th overall.

Athletics

Boys Division I

Chu Lok Yin (1L)	400m	C Grade	1st
Chu Lok Yin (1L)	800m	C Grade	2nd & record breaker
Sung Yim Lun (3C)	1500m	B Grade	4th
Tse Cheuk Hin (4H)	Triple Jump	B Grade	4th
Fung Pak Him (5C)	1500m	A Grade	3rd
Lee Mau Yuen (5C)	Shot Put	A Grade	1st
Lee Mau Yuen (5C)	Discus	A Grade	3rd

Girls Division II

Leung Cheuk Ying (3Y)	100m Hurdles	B Grade	2nd
Poon Po Yu Veronica (6J)	100m	A Grade	3rd
Poon Po Yu Veronica (6J)	200m	A Grade	2nd
Ho Katie (6L)	Shot Put	A Grade	2nd

Cross-country

Boys Division I

Chu Lok Yin (1L)		C Grade	5th
Sung Yim Lun (2D)		B Grade	6th
Fung Pak Him (5C)		A Grade	7th

Fencing

Boys Open

Chow Man Long (5Y)	Epee	A Grade	3rd
Man Cho Hin Enoch (5L)	Sabre	A Grade	2nd

Girls Open

Huang On Yan Joyce (1Y)	Epee	C Grade	2nd
-------------------------	------	---------	-----

Ng Cheuk Yau (4C)	Epee	B Grade	2nd
-------------------	------	---------	-----

Swimming

Boys – Division II

Chu Lok Yin (1L)	50m Back Stroke	C Grade	3rd
Ho Ivan Bellagio (2H)	100m Free Style	C Grade	4th
Li Chun Yin (3D)	50m Butterfly	B Grade	4th
Lam Wai Lok (4D)	100m Free Style	B Grade	2nd
Lam Wai Lok (4D)	200m Free Style	B Grade	1st
Chan Cheung Hei (4H)	50m Breast Stroke	B Grade	4th
Leung Chin Long (4Y)	50m Butterfly	B Grade	1st
Leung Chin Long (4Y)	200m Individual Medley	B Grade	2nd

Girls – Division III

Kong Charis (1D)	50m Back Stroke	C Grade	4th
Chan Hei Man (1H)	50m Breast Stroke	C Grade	1st
Chan Hei Man (1H)	100m Breast Stroke	C Grade	1st
Leung Tung Yan Angela (3J)	50m Back Stroke	B Grade	1st
Leung Tung Yan Angela (3J)	50m Butterfly	B Grade	2nd

Outstanding Athletes

Chu Lok Yin (1L)	<i>Breaks the record of C Grade 800m in the HKSSF Inter-school Athletics Competition</i>
Fung Pak Him (5C)	<i>A team member of the Hong Kong Athletics Team</i>
Lee Mau Yuen (5C)	<i>A team member of the Hong Kong Athletics Team</i>