

St. Stephen's College Parent-Teacher Association

Plan on the Deployment of the One-off Grant for Mental Health of Parents and Students

Basic Information:

1. Amount granted: HK\$20,000
2. Aims:
 - To equip parents with the relevant knowledge and skills on mental health
 - To help parents identify early signs of children's mental health problems
 - To help parents understand the ways of stress management
 - To promote physical and mental health, as well as children's positive mindset.
3. Period for deployment of the Grant : December 2023 to 31 August 2025 (Unspent balance will be returned to EDB)
4. Types of activities:
 - Parents' seminars
 - Parent-child activities

Year Plan:

Academic Year	Amount Spent/Budgeted
2023-2024	\$7,970
2024-2025	\$12,030
Total	\$20,000

Academic Year	Type of Activity	Name of the Activity	Date of Activity	Number of Participants	Amount Budgeted
2024-2025	Parents' seminar	"Ready to Become a Mental Health First Aider for Your Children" Parents' Talk	12 October 2024	300	\$3,000
	Parent-child activity	Parent-Child Movie Appreciation cum Guests Sharing	January-May 2025	200	\$9030
(2024-2025) Total Amount Spent : \$12,030					